

# Community Resource Guide of the Grand Valley – May 2026



Maintained by Peace & Justice Center - Please send any changes to Sherry Cole  
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Changes to GV Resource Guide for May 2026

NOTE: Some entries will run over to next page when document is in PDF format.

<u>Name of Organization, change</u>	<u>Page #</u>
Removed HomewardBound of the Grand Valley North Avenue Shelter	16
Added phone number to Grand Junction Police Department Resource Unit	30
Change Address for B4 Babies	21
Change seasonal hours for LA Plaza	9,21
Fix website for Community Care of GV & Colorado Mesa	21
Added phone number and email to Medride	31
Change phone number and hours for St. Matthews Church	31
Changed Walk-In hours for Grand Valley Connects	20
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Animals \*\* End of Guide

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Elderly Services

Emergency Food & Supplies

Clothing

Day Shelters & Services

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## Education & Employment

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### **Center for Independence**

[www.cfigj.org](http://www.cfigj.org)

(970) 241-0315

740 Gunnison Avenue, Grand Junction, CO 81501

Assisting those with disabilities to become independent. For more information, visit:

### **Centro Colorado Head Start & Early Head Start**

(970) 822-8606

Locations in Craig, Grand Junction, Parachute/Rifle: To apply visit, [www.cdlf.org](http://www.cdlf.org)

Head Start is a federally funded program serving income eligible children and families. Head Start promotes school readiness through the provision of education, health, nutrition and other social services.

### **ChildFind**

[www.connect.d51schools.org/sites/shared/childfind](http://www.connect.d51schools.org/sites/shared/childfind)

410 Hill Avenue, Grand Junction, CO 81501

Standardized screening to detect developmental delays and eligibility for services for children birth to age 3. ChildFind testing for children over 3 is provided through the school district. For more information, visit:

### **LA PLAZA**

[www.laplazapalisade.org](http://www.laplazapalisade.org) or [info@laplazapalisade.org](mailto:info@laplazapalisade.org)

(970) 902-2491

721 Peach Avenue, Palisade, CO 81526 / P.O. Box 1038, Palisade, CO 81526

Migrant and farm workers only. Services for Members: group transportation to LA PLAZA to resource nights and activities; educational classes; support and services from Resource Navigator, access to food pantry, access to meals, 50% discount to fee-based events, eligibility to apply for direct assistance program, onsite interpretation and translation. Drop-In Hours: Monday & Wednesday 8:30am – 5pm, Tuesday & Thursday 10am-5pm. Friday by appointment ONLY.

### **Community Education Center**

[www.wcc.coloradomesa.edu/cec](http://www.wcc.coloradomesa.edu/cec)

(970) 255-2800

(Western Colorado Community College)

2508 Blichman, Building B, Grand Junction, CO 81505

English as a second language, school counseling, community education. For more information, visit:

### **Colorado Cross-Disability Coalition**

[www.ccdconline.org](http://www.ccdconline.org)

Disability rights, ADA compliance, advocacy, legal issues, policy development, legislation, training and consulting.

### **Hilltop – Summit View**

[www.htop.org/the-opportunity-center-school-program-toc](http://www.htop.org/the-opportunity-center-school-program-toc)

(970) 254-6885

455 N. 22<sup>nd</sup> St, Grand Junction, CO 81501

Monday-Friday 8am to 5pm.

Ages 7-18. Youth Alternative Educational Program, Youth Employment Program. For more information, visit:

### **Infant & Toddler Early Intervention Project**

Provides a family home visitor for parenting skills towards educational support.

For children 0-3 years of age.

[www.strivecolorado.org/Services\\_Child\\_and\\_Family\\_Page.aspx](http://www.strivecolorado.org/Services_Child_and_Family_Page.aspx)

### **Nurse-Family Partnership (Mesa County Public Health)**

(970) 260-2356 (receives texts also)

Nurse-Family Partnership (NFP) connects first-time moms to their own free personal nurse, giving personalized support to the mom and her baby. NFP helps first-time moms have a healthy pregnancy, a healthy baby, and become the mom they want to be. The program offers information like preparing for labor and delivery, baby's development, feeding and sleeping education, and early child care. New moms are linked to community resources and provided educational gifts and books.

To refer yourself or another first-time mom, go to [Mesa County Public Health's website](http://Mesa County Public Health's website) or call/text at (970) 260-2356.

### **Freedom Institute, The (formerly WAGEES Project)**

[www.newlyfree.com](http://www.newlyfree.com)

(970) 778-5558 then press 2 from the list

2867 Orchard Ave, Grand Junction, CO 81501

Dedicated to parolees in need of transitional housing, counseling services and compassion. Supportive Services: bus passes, educational materials, training and tuition, clothing/uniform assistance, ID/document acquisition.

**JOB CORPS**      [www.jobcorps.org](http://www.jobcorps.org)

Job training program for at risk youth ages 16-24. Please call main office in Collbran at 970-287-3576.

**Joseph Center (The) Integrated Financial Services**

(970) 245-4672 Ext 303

We provide Guardian Services for those individuals who can no longer manage to make health care or financial decisions for themselves.

**Adult Learning Center of Mesa County Libraries**

(970) 683-2443

3270 D ½ Rd, Clifton, CO 81520

Tutoring in reading, writing, math, citizenship, ESL and GED study. Computer literacy training. Children story times. For more information, email at [adultlearning@mcpld.org](mailto:adultlearning@mcpld.org)

**Mesa County Library – Central**

443 N. 6<sup>th</sup> Street, Grand Junction, CO 81501, 970.243.4442, [ask@mcpld.org](mailto:ask@mcpld.org), [www.mesacountylibraries.org](http://www.mesacountylibraries.org)

Hours: M-Th: 9am – 8pm, F 9am – 6pm, Sa 9am – 5pm, and Su 1pm – 5pm Services: Books, movies magazines, public computers, wifi, computer classes, reference service, tech assistance, classes and activities for adults, teens & children. Branch locations in Clifton, Collbran, DeBeque, Fruita, Gateway, Orchard Mesa, and Palisade.

**Migrant Education Program/MCVSD 51**

(970) 683-8686

2768 Compass Dr. Grand Junction, CO 81506

Assist children of temporary and/or seasonal agricultural workers with educational services such as: school supplies, backpacks, free school lunches, school sports fees and tutoring. We can direct families to community resources and offer assistance with possible agricultural employment. Director Koreena Montoya ([koreena@d51schools.org](mailto:koreena@d51schools.org))  
Lead Migrant Recruiter Ruben Pacheco ([rpacheco@d51schools.org](mailto:rpacheco@d51schools.org))

**Prenatal Center (St. Mary's Prenatal Center)**

(970) 298-2273 /1-800-458-3888

2635 N. 7<sup>th</sup> St., Grand Junction, CO 81501

M-F 8am to 4:30pm.

Prepared childbirth classes. [www.sclhealth.org/locations/st-marys-medical-center/.../pregnancy-baby/](http://www.sclhealth.org/locations/st-marys-medical-center/.../pregnancy-baby/)

**School District 51**

(970) 254-5100

2115 Grand Ave, Grand Junction, CO 81501

REACH Program (970) 254-5526

2768 Compass Drive, Grand Junction, CO 81506 Hours 9am to 2pm Monday – Thursday

The REACH program provides support for families with students attending a District 51 school and living in temporary or transitional housing. Some examples are: Doubled up with family/friends, Hotel/Motel, Shelter, Camper/Tent, and Unaccompanied Youth. [www.mesa.k12.co.us](http://www.mesa.k12.co.us)

**School District 51 – Community and Parental Liaison: Migrant Education Program – West Central Region**

(970) 254-5511 or Cell Phone 970-683-8671

2768 Compass Drive Suite 202, Grand Junction, CO 81506

[www.cde.state.co.us/migrant](http://www.cde.state.co.us/migrant)

**School to Work Alliance Program (SWAP) Career Center**

[www.gjswap.org](http://www.gjswap.org)

(970) 254-6008

2935 North Avenue, Grand Junction, CO 81504

Hours: M-F: 7:30am to 4pm.

Serve individuals ages 16-25 with mild to moderate barriers (academic, physical, mental) with job placement.

**STRIVE – People Supporting People**

[www.strivecolorado.org](http://www.strivecolorado.org)

(970) 243.3702

790 Wellington Avenue, Grand Junction, CO 81501

### **Sunshine Community**

1321 Ute Ave, Grand Junction, CO 81501 (between Emerson Park and Desert Mesa Park)

Monday – Friday 9am – 5pm

We are a nonprofit organization committed to helping the homeless and those at risk get back on their feet by providing personal administrative services, technology, and advocacy services. We want to help Sunshine people without housing stabilize themselves, get work, and re-attain housing. We offer classes in basic computer skills, fiscal responsibility, and job-hunting skills. We offer post office boxes, computer access, document storage, and many other services.

### **Vocational Rehabilitation**

[www.colorado.gov/pacific/dvr](http://www.colorado.gov/pacific/dvr)

(970) 248-7103

222 S. 6<sup>th</sup> St. Room 215, Grand Junction, CO 81501

Skill development and job training for persons with disabilities.

### **Western Colorado Conservation Corps**

[www.wccpartners.org](http://www.wccpartners.org)

(970) 241-1027

2818 ½ North Avenue, Grand Junction, CO 81501

Providing opportunities for men & women 14-25 to work and learn thru local conservation projects. Offers tools to complete GED and option to earn AmeriCorps Award for higher education. For more information, visit:

### **Mesa County Workforce Center**

Employment Services (970) 248-7560 /job line (970) 248-7575

512 29 ½ Road, Grand Junction, CO 81504

The WFC houses a variety of services including GED classes and testing, Child Care Assistance Program, Colorado Works, Child Support Services, Career Development Program (tuition assistance for qualifying programs and various work-based learning opportunities), Employment Services (job search assistance, interviewing and resume assistance, etc.). For more information on any of these programs please visit [www.mcwfc.us](http://www.mcwfc.us) or call 970-248-0871.

### **Workforce Innovation Act Youth Program (WIOA)**

(970) 248-0871 Hours: M-F 8am-4:30pm

512 29 ½ Rd, Grand Junction, CO 81504

Supporting adults and out-of-school Young Adults (KickStart) reach their full-time employment and in-demand educational goals.

CDP website: [www.mcwfc.us/job-seekers/career-development](http://www.mcwfc.us/job-seekers/career-development)

KickStart website: [www.findyourfuture.us/programs/young-adults/kickstart/](http://www.findyourfuture.us/programs/young-adults/kickstart/)

## **Elderly Services/Housing**

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### **Ageing and Disability Resources for Colorado (ADRC)**

(970) 248-2746 Email: [adrc@htop.org](mailto:adrc@htop.org)

1129 Colorado, Grand Junction, CO 81501

M-F: 8am-5pm. [www.htop.org/adrc](http://www.htop.org/adrc)

### **Grand Junction Housing Authority (GJHA)**

(970) 245-0388

8 Foresight Circle, Grand Junction, CO 81505

Monday – Friday 8am-4pm. Affordable housing assistance and Section 8 Housing programs. [www.gjha.org](http://www.gjha.org)

### **Grand View Apartments (through VOA)**

[www.section-8-housing.credio.com/l/8151/Grandview-Apts](http://www.section-8-housing.credio.com/l/8151/Grandview-Apts)

(970) 256-9904

1501 North 1<sup>st</sup> Street, Grand Junction, CO 81501

### **Independence Village Senior Apartments**

[www.section-8-housing.credio.com/l/8171/Independence-Village](http://www.section-8-housing.credio.com/l/8171/Independence-Village)

(866) 652-8987

225 North Coulson, Fruita, CO 81521

### **Loving Beyond Understanding**

640 White Avenue, Grand Junction CO

Hours 4-7pm every day

We are offering social support for LGBTQ+ individuals ages 50 and up who are in need of community connection. Silver Foxes meet every Thursday at 4p at the Center (address above). Email us at [howdy@lovingbeyondunderstanding.org](mailto:howdy@lovingbeyondunderstanding.org) for more information.

### **Monterey Park**

999 Bookcliff Avenue

Grand Junction CO 81501

970-242-6682

[www.housingapartments.org/rental\\_detail/8368](http://www.housingapartments.org/rental_detail/8368)

### **Senior Living Community Resource Site**

[www.seniorhousingnet.com](http://www.seniorhousingnet.com)

### **(The) Highlands (Seniors 62+) (GJHA)**

(970) 245-0388

805 Bookcliff Ave

Grand Junction, CO 81501

[www.thehighlandsgj.com](http://www.thehighlandsgj.com)

## **Emergency Food & Supplies**

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### **Clothing Vouchers for Goodwill**

According to Goodwill there are three places that can give vouchers for clothing

St. Matthews Church – Outreach Coordinator – Cindy Murray (970) 640-5992

Mind Springs - Women's Recovery Center (970) 245-4213 – call first, you may have to be a client.

Mesa County Work Force Center (970) 248-0871 – call first, you may have to be in one of their programs.

### **HUNGER FREE COLORADO** [www.hungerfreecolorado.org](http://www.hungerfreecolorado.org)

1-855-855-4626

### **Food Pantries in Mesa County**

A current list of food pantries in Mesa County. Call 211 for dates

[www.needhelpayingbills.com/html/mesa\\_county\\_food\\_pantries.html](http://www.needhelpayingbills.com/html/mesa_county_food_pantries.html)

### **Supplemental Nutrition Assistance Program – DHS (Food Stamps)** [www.colorado.gov/PEAK](http://www.colorado.gov/PEAK)

510 29 ½ Road

Grand Junction, CO 81504

970-241-8480

Monday – Friday 8am – 4:30pm. Applications process in 7 to 30 days. Expedition of application possible.

### **Food Bank of the Rockies Western Slope**

[www.foodbankrockies.org/ws](http://www.foodbankrockies.org/ws)

(970) 464-1138 - Fax (970) 464-1091

Food Boxes for Older Adults (60+) and Commodity Supplemental Program (CSFP)

**Mobile Food Pantries:** **Clifton Christian Church**, 3241 F ¼ Rd, Clifton, (970) 434-7392 #2 – 4<sup>th</sup> Saturday at 9am –

11am. **Sherwood Park**, 1301 E. Sherwood Drive, Grand Junction (970) 454-1138 – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday 8am – 10am

(June/July/August). **Orchard Mesa Fairgrounds**, 2758 US-50, Grand Junction (970) 464-1138 – 2<sup>nd</sup> Monday 5pm 7pm

### **Women, Infants, and Children (WIC)**

(970) 248-6914

510 29 ½ Road, Grand Junction, CO 81504

Pregnant, nursing and postpartum women, nursing and formula-fed infants to age 1 and children, from birth to month of 5<sup>th</sup> birthday. EBT card for nutritious foods, nutrition education, and breastfeeding support. NEW: Homeless individuals who qualify with alternative package guidelines. Request an appointment on the WIC tab at [health.mesacounty.us](http://health.mesacounty.us) web page. Food Resource Hotline: 1-855-855-4626.

## CLIFTON

### Clifton Assembly of God

258 5<sup>th</sup> Street, Clifton, Co. 81520

970-434-6907

Monday and Wednesday 8 – 12 Noon

### Clifton Christian Church

(970) 434-7392

3240 I70B Frontage Road, Clifton, CO 81520

Wednesday: 9am-11:30am & 12:30pm-3pm; Friday: 9am-11:30am

Food, clothing, household items, and diapers. May access 3 times per year. Seniors and disabled persons may access 6 times per year.

Must have a Colorado ID for over 18 and SS cards for those under 18. (But will not turn people away in some situations).

## FRUITA

### Food Pantry - Canyon West Worship Center

(970) 858-9995 - 456 Kokopelli Boulevard #G, Fruita, CO 81521

Fruita, Loma, Mack residents only. Photo ID and proof of residency. Second Saturday of month 9am-11am.

### Victory Life Church

(970) 858-4852

2066 Hwy 6 & 50, Fruita, Co. 81521

Wednesday & Thursday 9am – 12pm

## GRAND JUNCTION

### Catholic Outreach Soup Kitchen

(970) 243-0091

245 South 1<sup>st</sup> Street, Grand Junction, CO 81501

Monday – Saturday 12pm-1pm HOT MEAL

### Church on the Rock

(970) 242-7625

2170 Broadway, Grand Junction, CO 81507

You must call by 11am on Thursday to receive food boxes issued on Sundays only at 11:45am. Provides food boxes to those in need.

### Commodity Supplemental Food (Salvation Army)

(970) 242-7513

1235 N 4<sup>th</sup> St., Grand Junction, CO 81501

Emergency food boxes for individuals and families are available Monday, Wednesday, Thursday, Friday, and Tuesday afternoons. The hours are from 9 AM until Noon and from 1230 PM until 4 PM. We are closed for lunch from Noon until 1230 PM. There are also other services available during these same hours of operation, and identification is needed for some of the other services provided. On Tuesdays, from 9 AM until Noon, we do the government commodities program and TEFAP food boxes. This program requires a separate application with income questions. Identification is needed for this program.

### Community Food Bank

(970) 640-0336

476 28 ½ Rd, Grand Junction, CO 81501

Community Food Bank is open to residents of Mesa County by appointment only. Call between 9am – 12pm Monday – Friday to schedule an appointment. The pantry is open Monday, Tuesday, and Thursday from 12:30 – 5:30pm for clients to shop by appointment. Home delivery is available to homebound individuals with a direct referral from a medical professional or social worker – call for more details. SNAP/WIC application assistance and resource navigation offered.

### Grand Valley Catholic Outreach [www.catholicoutreach.org](http://www.catholicoutreach.org)

(970) 241-3658

245 South 1<sup>st</sup> Street, Grand Junction, CO 81501

Monday-Friday 9am-11:30am.

Emergency Food Pantry: Food boxes for those who can prepare meals (visit once every 30 days). Clothing Bank: Clothing for all ages, household items and books (visit once a week).

### **Meals on Wheels of Mesa County (formerly Gray Gourmet)**

(970) 243-9844

551 Chipeta Avenue, Grand Junction, CO 81501

A nutritional meal program for Mesa County seniors age 60 and over sponsored by St. Mary's Hospital with 8 dining sites, home-delivered meals, and other nutrition-related services.

### **Hope Starts/Hope Room (Junction Community Church)**

(970) 243-0757

2867 Orchard Ave, Grand Junction, CO 81504

Second and Fourth Saturday of the month from 9am-11am for clothing distribution. Infant to adult clothing available.

### **Mutual Aid Partners Food Distribution & Resource Day (aka the Distro)**

402 Grand Avenue, Grand Junction CO 81501 (Park & enter off of 4<sup>th</sup> St. and Ouray Ave)

Phone or text: 970-462-9093

Email at: [info@MutualAidPartners.org](mailto:info@MutualAidPartners.org)

#### **Every Tuesday**

10:30am – 1:00pm drop off donations.

11:00am – 1:00pm pick up supplies

#### **No qualifications, come as many times as you need to!**

Free community choice pantry with fresh produce, frozen meats, shelf-stable foods & hygiene essentials, along with a breakfast/hydration station, homemade soups & sack lunches (while supplies last).

#### **On-Site Resources and Advocacy Partners:**

**Weekly:** Free haircuts and barber services by Eric Andy and guests.

Barkley's Hope with pet vaccinations Distemper/Parvo for dogs and Feline Rhinotracheitis, Panleukopenia, Chlamydia for cats. ALL pets must be on a leash. Please note Barkley's Hope is volunteer-run and they are not veterinarians.

Vaccinations are administered on a first come, first served basis and prioritize our unhoused neighbors & those at risk of becoming unhoused. A \$5 donation per pet is encouraged but they never turn anyone away for lack of funds 10am-12pm..For additional info, please call Vince at (970) 424-3390

**Every other week:** Roice Hurst with furry friend supplies and info re. short term crisis boarding, pet behavior counseling, and low-cost spay/neuter pet care clinics.

**1<sup>st</sup> and 3<sup>rd</sup> Tuesday:** LEAP navigation. 10:30am-12:30pm Nov.1- April 30.

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday:** 211 Western Colorado for health and human services referrals and resource navigation.

**3<sup>rd</sup> Tuesday:** Grand Valley Connects with community navigators that help with applications & support through the enrollment process of various programs & *Mesa County Public Health*. 10:30am – 12:30pm.

**4<sup>th</sup> Tuesday** *Mesa County Public Health:* Nurse Family Partnership, WIC, SNAP, public clinic resources. 10:30am – 12:30pm

**Last Tuesday of the month:** Veteran Affairs HUD-VASH. . 10:30am – 12:30pm

**Seasonal:** Tax credit outreach & education (starts in February/weekly). Voter engagement & registration (starts in August/weekly). Low Income Energy Assistance Program (LEAP applications Nov. 1 – April 30.)

### **Pregnancy Center**

(970) 241-7474 or (970) 242-4673

930 Main Street & 704 Elm Street, Grand Junction, CO 81501

Clothing (both maternity and infant) and other baby items. Counseling and pregnancy tests done at the 704 Elm St. address. [www.pregnancy-center.org](http://www.pregnancy-center.org)

### **Seventh Day Adventist – Community Service Center**

(970) 242-2277

2554 Patterson Road, Grand Junction, CO 81506

Tuesdays only 9am-12pm & 1pm-3pm. (one visit every 90 days)

### **Sara's Pantry (Junction Community Church)**

(970) 243-0757 - 2867 Orchard Ave, Grand Junction, CO 81504

Second and Fourth Saturday of the month from 9am-11am.

### **Solidarity Not Charity (SNC) Weekly Community Meal Locations (all welcome no questions asked)**

(970) 812-3202 – Currently serving a hot meal with free choice pantry and hygiene products at the Saturday Feed from 4pm -5pm at 302 South Avenue. (food, music, supplies) and email [solidaritynotcharityinfo@gmail.com](mailto:solidaritynotcharityinfo@gmail.com)

### **Trinity Baptist Food Pantry (Orchard Mesa Baptist Church)**

(970) 242-2355

2748 B ½ Road, Grand Junction, CO 81503

Fridays 9am-1pm; Closed 1<sup>st</sup> Friday of month. Proof of residency and ID required. Bread giveaway on Wednesdays 12pm-2pm. (one visit every 30 days)

### **Unitarian Universalist Church of The Grand Valley**

(970) 257-0722

536 Ouray, Grand Junction, CO 81501 (southwest corner of the parking lot)

A "Blessing Box" stocked regularly for the needy with snacks, sanitary items, diapers, dog and cat food and toiletries. People can either take or leave items.

### **Vets Helping Vets Food Pantry/Draw Nigh Ministries**

(970) 739-4333

2430 Orchard Avenue, Grand Junction, CO 81501

Hours of availability: 11am – 2pm Thursday. Food boxes for veterans must have valid ID and proof of service (VA ID or DD214)

## **PALISADE**

### **Palisade Church of the Nazarene**

(970) 464-7770

3595 Highway 6, Palisade, CO 81526

10am-2pm on 2<sup>nd</sup> & 4<sup>th</sup> Thursday for food boxes.

## **Clothing**

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### **Loving Beyond Understanding- Rainbow Closet**

1425 N 5th Street, Grand Junction CO 81501 (Kennedy Street Entrance)

Transgender clothing exchange designed to provide clothing and gender-affirming gear specifically for trans and LGBTQ+ folks. Saturdays from 11:30am -7pm

## **Day Shelters & Services**

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### **Hilltop Connections Outreach Program – 362 Main St. in basement under Look Eye Wear (at 4<sup>th</sup> & Main)**

Call Monday through Friday 9am-5pm - (970) 234-7004 or (970) 783-0247 after hours or on the weekends. (Signage says "Eidsness Center for Youth") Drop-in hours are 10am-12pm on Monday, 12pm-2pm on Wednesday and 2-4pm on Friday. All other hours are by appointment only. Safe place for homeless & unaccompanied young people ages 13-24 to grab a meal, do laundry, take a shower, get clothing, use computer, and participate in group activities. Navigators are on staff to provide support on navigating housing, education, employment, mental health services, and positive adult connections.

### **(The) Joseph Center Day Shelter & Adult Advocacy Program**

(970) 314-9424 (Closed Mondays)

2511 Belford Avenue, Unit B, Grand Junction, CO 81501

A place for homeless families with children. Serves lunch. Volunteer mentors assist with resume writing and job searches and community resources. Peer to peer mentoring individual assessment plan. Life skills mentoring.

[www.facebook.com/JosephCenterGJ/](http://www.facebook.com/JosephCenterGJ/) or [www.josephcentergj.com](http://www.josephcentergj.com)

### **Oasis Clubhouse (operated by Health Solutions West [formerly Mind Springs])**

(970) 241-6099 - Glen Merritt (Peer Support Specialist) Hours: 8am - Noon

515 28 ¾ Rd (Room 274) Grand Junction, CO 81501 – Located at Health Solutions West

The Oasis Clubhouse is a place where anyone with a mental illness can go to hang out, receive support and reassurance, and engage in meaningful work. Clubhouse activities include skill Groups, support groups, work groups, recreational activities and outings.

## **Grand Valley Catholic Outreach Day Center**

302 Pitkin Ave., Grand Junction, CO 81501, (970) 263-9445

Monday – Friday: 7:00am-11:00am.

Monday - Friday: 7:00am to 11:00am.

Services offered\*: Laundry (sign up by 9am); Showers (sign up by 9am); Mail 7am-11am. Community Partnership Services:

Marillac Health - Mondays 8-10am

St. Matthew's Shuttle - Mondays & Thursdays pick up times 9:30 & 11:00

Ona (Health Solutions) – 2 to 3 Wednesdays per month (call for specific dates) 9:00 – 11:00am

Mending by Kathy – 2-3 Wednesdays per month (call for specific dates) 7:15 – 9:00am

Dr. Joe Dahlin with Colorado Foot & Ankle Wellness - 3rd Wednesday of the month - 8:30 - 11:00

St. Mary's Doctors (Fridays 8am – 11am) – Medical & Behavioral

Rocky Mountain Health – Health Counseling (Fridays 9:00 – 11:00am)

Medicare Assistance (Tax Assistance January – April 15<sup>th</sup>) with Lisa Tuesdays & Thursdays 9am-10:30am.

**\*\*NOTE:** “Anyone wishing to use mail service, please sign up directly at the Day Center before changing your address, otherwise mail will get returned to sender.” [www.catholicoutreach.org](http://www.catholicoutreach.org)

\*\*\*Grand Valley Connects and Grand Junction Psychiatry will be back in April, no times set as yet.

**\*We add services frequently - please call the Day Center at 970-263-9445 or stop by 302 Pitkin for updates.**

## **Toilet Equity**

24/7 toilet access around town, currently located at First Christian Church (1326 N 1st St.), the Unitarian Universalist Church (536 Ouray Ave.), Homeward Bound Resource Center (261 Ute Ave.) and Homeward Hounds (2835 North Ave.).

For maintenance feedback or to request a new location, please email [info@toiletequity.org](mailto:info@toiletequity.org).

[toiletequity.org](http://toiletequity.org) [facebook.com/TEGJ2022](https://www.facebook.com/TEGJ2022) [instagram.com/toiletequitygj](https://www.instagram.com/toiletequitygj) [linkedin.com/company/toilet-equity](https://www.linkedin.com/company/toilet-equity)

## **Shelters**

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### **Pathways Shelter**

(970) 256-9424

**Pathways Family Shelter** serves families and single adults who are in Recovery Living and Purposeful Work Programs.

This shelter serves guests 24 hours a day. Services include Case Management, a Recovery Living Program, a Purposeful Work Program, showers, laundry, and meals (breakfast, lunch, and dinner).

**Pathways Wellness Center** (PWC) [970-985-7469] is located inside Pathways Family Shelter.

### **Hilltop Connections Emergency Shelter (The House)**

(970) 234-7004 during business hours or call (970-783-0247 after hours or weekends).

5-bed emergency shelter for youth ages 18 to 22 years old, intensive case management, advocacy, and support to move young people towards housing that is safe and stable, ongoing positive relationships, education and employment, and emotional, physical, and psychological well-being.

### **Latimer House Domestic Violence Programs**

(970) 241-0324 - Crisis Hotline (970) 241-6704

1129 Colorado Avenue, Grand Junction, CO 81501

For individuals needing safe housing due to imminent danger from intimate partner violence and/or sexual assault. Case management and help with resources, advocacy, referral to safe house. <https://hilltoplatimerhouse.org/>

**“LINK”** (970) 241-0324. Works directly with Hilltop’s domestic violence services to provide a safe place for all kinds of small and large animals.

## **Family Resources**

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### **Arc Mesa County (The)**

(970) 245-5775 Fax (970) 644-5944

845 Grand Ave, Grand Junction CO 81501

Provides advocacy for individuals with intellectual and/or Developmental Disabilities and their families, wherever they may be, to ensure their opportunity to pursue personal goals, be educated and live, work and recreate with other community members. For more information visit [www.thearcmesa.org](http://www.thearcmesa.org)

### **Birthright of Grand Junction**

(970) 644-5788 – 253 White Avenue, Grand Junction, CO 81501

Pregnant? We can help. We will listen, love, encourage and support you, pregnancy testing and referrals. Assistance with diapers, baby clothing and items. [www.birthrightgj.org](http://www.birthrightgj.org)

### **Bravestone Project**

[info@bravestoneproject.org](mailto:info@bravestoneproject.org)

Bravestone Project is a victim centered, trauma informed 501c3 nonprofit organization helping victims/survivors of human trafficking and/or sexual traumas with whole body healing of their minds, body, and spirit. See the website for programs & services: <https://www.bravestoneproject.org>

### **Cooking Matters**

1129 Colorado Ave, Grand Junction, CO 81501

A course to learn to prepare meals on a budget, shop smarter, use nutrition information to make healthier choices.

### **Family Empowerment**

Referral Line - (970) 242-1211

510 29 1/2 Rd, Grand Junction, CO

The Family Empowerment Team can offer free and voluntary services to assist families in caring for their children. The focus of Family Empowerment is to strengthen family functioning and keep families together by focusing on increasing parenting strategies and understanding child development, increasing social and emotional competence of children, increasing parent resiliency and positive relationship, and increasing connections to concrete supports during times of need. The goal of Family Empowerment is to increase community engagement in family well-being through home-based services.

### **Family First**

(970) 244-0460

Free car seat safety check: call (970) 254-4112

1129 Colorado Ave, Grand Junction, CO 81501

Building strong families through in-home parenting and education.

### **Foster Alumni Mentors**

[www.fosteralummentors.org](http://www.fosteralummentors.org)

(970) 234-3519 (Monday – Friday 9am-5pm)

529 25 1/2 Road, Suite B-103, Grand Junction, CO 81505

Foster Alumni Mentors builds community around foster alumni ages 16 and up. We provide mentoring, resources, and information to achieve goals and move forward in life for those who have experienced foster and kinship care.

### **Get Real**

(970) 244-0601

1129 Colorado Ave, Grand Junction, CO 81501

Providing comprehensive confidence-building and pregnancy prevention services to youth. Serves boys and girls ages 10-19.

### **Hilltop Resource Center**

[www.htop.org/resource-centers](http://www.htop.org/resource-centers)

(970) 242-4400

1129 Colorado Ave, Grand Junction, CO 81501

Provides information on many Hilltop programs for families and children.

### **Loving Beyond Understanding- Transparent**

email: [transparent@lovingbeyondunderstanding.org](mailto:transparent@lovingbeyondunderstanding.org)

640 White Avenue, Grand Junction CO

Hours 4-7pm every day

Seeking support to better understand your gender diverse child? We've got a team of parents who have walked in your shoes and are eager to share what they know. Reach out to us via email and let's chat.

### **Nurse-Family Partnership (Mesa County Public Health)**

(970) 260-2356 (receives texts also)

Nurse-Family Partnership (NFP) connects first-time moms to their own free personal nurse, giving personalized support to the mom and her baby. NFP helps first-time moms have a healthy pregnancy, a healthy baby, and become the mom they want to be. The program offers information like preparing for labor and delivery, baby's development, feeding and sleeping education, and early childcare. New moms are linked to community resources and provided educational gifts and books. To refer yourself or another first-time mom, go to [Mesa County Public Health's website](#) or call/text at (970) 260-2356.

### **(The) Joseph Center Day Shelter & Adult Advocacy Program**

(970) 245-4672 ext.305 **(Closed Mondays)**

2511 Belford Avenue, Unit B, Grand Junction, CO 81501

Advocating for parents in transition in crisis, by partnering with local and state organizations for the purpose of helping families create a stable and healthy home environment. Services offered: court support, attend family engagement meetings, home visits. Support system to parents who have and who are in danger of losing their children by helping them reach their treatment plan goals. [www.facebook.com/JosephCenterGJ/](http://www.facebook.com/JosephCenterGJ/) or [www.josephcentergj.com](http://www.josephcentergj.com)

### **(The) Western Slope Native American Resource Center (WSNARC)**

(970) 773-4765 - [referrals@wsnarc.org](mailto:referrals@wsnarc.org)

341 South 1<sup>st</sup> Street, Grand Junction, CO 81501

Advocating for Native Americans/Alaskan Natives across the Western Slope. WSNARC is here to help with Medicaid, SNAP, Medicaid waiver programs (disability), Indian Child Welfare Act (ICWA) and one-on-one help with any resource needed. WSNARC was founded to advocate for health equity in partnership with the communities we live in.

## **Financial Assistance**

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### **Child Care Assistance**

512 29 ½ Road, Grand Junction, CO 81504

Provides financial assistance for low-income families who are working, looking for employment, or are in an educational activity and need child care service to support their efforts toward self-sufficiency.

[www.mcwfc.us/services/child-care-assistance](http://www.mcwfc.us/services/child-care-assistance)

### **Child Support Services**

(970) 248-2780

For child support payment information contact Family Support Registry at (303) 299-9123 or

[www.childsupport.state.co.us](http://www.childsupport.state.co.us).

### **Colorado Indigent Care Programs (St. Mary's Hospital)**

(970) 298-7070 / 1-800-221-3943 State Relay 711

2635 N. 7<sup>th</sup>, Grand Junction, CO 81501

Assistance with financial problems limiting the liability of individual and family medical costs. See website for guidelines and participating facilities: [www.colorado.gov/pacific/hcpf/colorado-indigent-care-program](http://www.colorado.gov/pacific/hcpf/colorado-indigent-care-program)

### **Friends of Man**

1 (303) 798-2342

Littleton, CO

Financial assistance for low-income families for medical, dental, food, clothing, day care, tuition and more. **MUST BE REFERRED BY A PROFESSIONAL.** [www.friendsofman.org](http://www.friendsofman.org)

### **Grand Valley Catholic Outreach**

(970) 241-3658

245 South 1<sup>st</sup> Street, Grand Junction, CO 81501

9am-11:30am

In emergency situations, assistance with rent, utilities, and car parts. Services are subject to current funding levels. [www.catholicoutreach.org](http://www.catholicoutreach.org)

## **Peace & Justice Center**

(970) 985-4253 Email: [programcoordinator@gvpeacejustice.org](mailto:programcoordinator@gvpeacejustice.org)

Monday – Thursday 9am to 12pm and 12:30 to 2pm **Call or email for an appointment**

740 Gunnison Avenue Grand Junction, CO 81501

- \*Assistance in obtaining Colorado Identification including Birth Certificates and other supporting documents.
- \*Food Pantry for Those Who Carry Their Homes on Their Backs or Live in Their Cars
- \*Free Notary Services

## **Housing Resources of Western Colorado**

(970) 241-2871 <https://www.hrwco.org/>  
524 30 Road, Suite #3, Grand Junction, CO 81504

**Weatherization Assistance Program:** In partnership with the Colorado Energy Office, HRWC works to improve the energy efficiency of residential structures to income qualifying residents who own or rent their home. This free program makes cost-effective, energy-efficient home improvements to stick built or manufactured homes that reduce energy bills and give a more comfortable home year-round. Families or individuals receiving TANF, AND, SSI, LEAP and SNAP automatically qualify.

**Housing Counseling and Education Program:** HRWC is a HUD Approved Housing Counseling Agency with HUD Counselors who offer free services to residents of Western Colorado of any income level. Services include: Financial Coaching and Counseling, Financial Capability Workshops to improve credit, savings and reducing debt. Homebuyer Education Classes for those seeking to purchase a home. Pre-Purchase Counseling covers financial management, evaluating credit, prequalification assistance, and loan approval. Post-Purchasing Coaching help clients prepare financially for home maintenance, repairs, improvements, and refinancing a home. Counselors also work with Renters on developing a financial plan on spending, savings, and reducing debt. Understanding lease agreements, landlord requirements, tenant rights and working with clients who have been evicted.

**Housing Rehabilitation Loan Program:** The Housing Rehabilitation loan program provides income qualifying homeowners in Mesa, Garfield, and Rio Blanco counties access to low interest-rate loans to repair and maintain their homes. The goal is for a homeowner to have a healthier home to live in for years to come, comfortably and safely. Loan rates are typically from 0%-3% and payments are customized by Housing Resources based upon the homeowner's ability to pay.

**Self-Help Building Housing Program:** Uniquely designed to help people help themselves, Self-Help Housing is a "sweat equity" program through Housing Resources of Western Colorado (HRWC), that gives income qualified families the means to construct their own homes. Families who participate perform approximately 65% of the construction labor, under qualified supervision, on each other's homes. The labor that families contribute substantially reduces the cost of each home while also building equity. Participants in the program must be willing to contribute a minimum of 30 hours per week for approximately 8 to 12 months. Family and friends can contribute up to 15 hours per week which can count towards the 30 hours.

**Purchase Assistance Loan:** The Purchase Assistance Loan provides down payment assistance to purchase a home for qualified homebuyers. This type of loan covers the down payment and closing costs with 0% interest rate and no monthly payments. Borrowers must meet program requirements and income guidelines. The service area is Mesa, Delta and Montrose counties.

## **(The) Joseph Center Integrated Financial Services Program**

(970) 245-4672 ext. 304 (Closed Mondays)  
2511 Belford Avenue, Unit A, Grand Junction, CO 81501

Organizational representative payee program for individuals on SSI/SSDI and fiduciary services for those receiving Veterans benefits. We also advocate for at-risk adults who are in our Integrated Financial Services Program.

[www.facebook.com/JosephCenterGJ/](https://www.facebook.com/JosephCenterGJ/) or [www.josephcentergj.com](http://www.josephcentergj.com)

## **Low Income Energy Assistance Program (LEAP)**

Assistance during Winter with gas/electric bills. November 1 to April 30  
Administered by Discover Goodwill of Southern & Western Colorado (1-866-432-8435) or visit  
<https://goodwillcolorado.org/services/leap/>

## **Mesa County Workforce Center: Colorado Works Program (CW)**

(970) 248-0871  
512 29 ½ Road, Grand Junction, CO 81504

Temporary financial assistance and intensive support to help eligible families secure employment and obtain self-sufficiency. [www.humanservices.mesacounty.us/assistance-programs/colorado-works-tanf/](http://www.humanservices.mesacounty.us/assistance-programs/colorado-works-tanf/)

## Government/Non-Profit Services

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### **Grand Valley Connects (through Mesa County Public Health)**

970-683-2663

<https://www.mesacounty.us>

Multiple Locations: Primary: 510 29 1/2 Road, Grand Junction, CO 81501. Satellite locations at Central Library at 433 N. 6<sup>th</sup> St., Grand Junction; 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays 12pm – 2pm. Clifton Library at 3270 D 1/2 Rd; 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 12pm – 2pm. Hours: Monday – Thursday 7:30 am – 5pm & Friday 7:30am – 12pm.

Our supportive approach helps Mesa County residents with resource awareness, normalize that it is okay to get help and search for services to help with unmet needs. Our Resource Navigators can help navigate the enrollment process and how to fill out applications and to empower our community to pursue health and financial stability. When accessing our services, you can expect a resource navigator to start a conversation after completing the short referral form (found online). We will meet you wherever you feel most comfortable. On the phone, at one of our locations, or in the community. We will listen to your needs and make a plan together. We provide support to bridge the gap of identifying and connecting to resources in Mesa County. Our services are free and for Mesa County residents. We do not provide ongoing or comprehensive case management services.

### **Homeless Coalition Liaison – Grand Junction City Council Member**

Scott Beiffuss - (970) 250-2838 or [scottb@gjcity.org](mailto:scottb@gjcity.org)

### **Mesa County Child Welfare Services    Mesa County Child Abuse Hotline 970-242-1211**

(970) 242-1211

510 29 1/2 Rd, Grand Junction, CO 81504

[www.humanservices.mesacounty.us/child-welfare](http://www.humanservices.mesacounty.us/child-welfare)

### **Mesa County Adult Protective Services**

[www.humanservices.mesacounty.us/adult-services](http://www.humanservices.mesacounty.us/adult-services)

(970) 248-2888

510 29 1/2 Rd, Grand Junction, CO 81502

### **Mesa County Workforce Center**

(970) 248-0871

512 29 1/2 Rd, Grand Junction, CO 81504

M-F: 7:30am to 4:30pm.

Many resources available for job seekers, youth and Veterans on their website. For more information, visit: [www.mcwfc.us](http://www.mcwfc.us)

### **Social Security Administration**

[www.ssa.gov](http://www.ssa.gov)

1-800-772-1213

825 N. Crest Drive, Grand Junction, CO 81506

Obtain SS card or apply for Social Security Benefits (including disability)

Monday; Tuesday; Thursday; Friday: 9am-4pm. Wednesday: 9am-12pm.

### **Sunshine Community**

1321 Ute Ave, Grand Junction, CO 81501 (between Emerson Park and Desert Mesa Park)

Monday – Friday 9am – 5pm

We are a nonprofit organization committed to helping the homeless and those at risk get back on their feet by providing personal administrative services, technology, and advocacy services. We want to help Sunshine people without housing stabilize themselves, get work, and re-attain housing. We offer classes in basic computer skills, fiscal responsibility, and job-hunting skills. We offer post office boxes, computer access, document storage, and many other services

### **Unemployment Denver**

1-800-388-5515 or 1-888-550-2800

TTY 1-800-894-7730

To apply for unemployment.

### **United Way Services Hub (The)**

(970) 243-5364

1129 Colorado Avenue, Grand Junction, CO 81501

Serves as a coordinated one-stop access point for unhoused individuals in Grand Junction to receive critical services in a structured, supportive environment. Through a collaborated effort with over 20 local service providers, the hub will offer

case management, behavioral health support, housing navigation, medical services, life skills training, and more – all organized around personalized pathways toward housing stability and employment.

### **United Way of Mesa County Services Hotline**

(970) 773-7230

Please call if you are a business owner needing assistance with a member of our unhoused population or if you are unhoused and need immediate assistance with services

### **Western Colorado 211**

Dial 2-1-1 or 1-888-217-1215

Looking for training, employment, food pantries, help for an aging parent, addiction prevention programs, affordable housing options, support groups, etc. 2-1-1 allows people to give and get help. [www.wc211.org](http://www.wc211.org)

## **Health Care**

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### **2<sup>nd</sup> Chances Counseling Center**

(970) 245-6624

726 Colorado Ave, Grand Junction, CO 81505

Accountability group for teens, parenting, individual and family sessions. Reduced rates. Call for appointment.

### **Ariel Clinical Services (Children, Families, Adults)**

(970) 245-1616

2938 North Avenue, Suite G, Grand Junction, CO 81504

Family Support Agency and Adults with Developmental Disabilities Service Agency. Foster Care; Structured Parenting Time; Home-Based Behavioral Consultation; Youth Mentor; Services for Adults.

### **B4 Babies & Beyond**

(970) 255-8687

329 Main St., Grand Junction, CO 81501

Access prenatal and delivery care. Access quality health care coverage. Accessing health care easy for families. Help with maternity clothing and infant clothing. Help with baby needs (i.e., crib, car seat, stroller, high-chair).

[www.htop.org/project/b4-babies-beyond](http://www.htop.org/project/b4-babies-beyond)

### **Counseling & Education Center (CEC)**

(970) 243-9539

2708 Patterson (at 12<sup>th</sup> Street), Grand Junction, CO 81506

Monday – Thursday 9am-5pm. Friday 9am-12pm.

Providing affordable individual and family counseling on a sliding fee scale. Call for appointment. [www.cecwecare.org](http://www.cecwecare.org)

### **LA PLAZA**

(970) 902-2491

721 Peach Avenue, Palisade, CO 81526 / P.O. Box 1038, Palisade, CO 81526

Migrant and farm workers only. Services for Members: group transportation to LA PLAZA to resource nights and activities; educational classes; support and services from Resource Navigator, access to food pantry, access to meals, 50% discount to fee-based events, eligibility to apply for direct assistance program, onsite interpretation and translation. Drop-In Hours: Monday & Wednesday 8:30am – 5pm, Tuesday & Thursday 10am-5pm. Friday by appointment ONLY.

[www.laplazapalisade.org](http://www.laplazapalisade.org) or [info@Laplazapalisade.org](mailto:info@Laplazapalisade.org)

### **Community Care of the Grand Valley and Colorado Mesa University Student Wellness Center**

(970) 644-3740 Community Care of the Grand Valley

(970) 256-6345 CMU Student Wellness Center

1060 Orchard Avenue, Grand Junction, CO 81501

Suite N (Community Care of the Grand Valley)

[www.yourcommunityhospital.com/Community\\_Care\\_of\\_the\\_Grand\\_Valley.cfm](http://www.yourcommunityhospital.com/Community_Care_of_the_Grand_Valley.cfm)

Suite O (CMU Student Health Center) [www.yourcommunityhospital.com](http://www.yourcommunityhospital.com)

### **Compassionate Friends (The)**

(970) 434-3822 – Betty Hancock

Support group for loss of children, siblings, and grandchildren to any cause of death. Meeting held the 1<sup>st</sup> Tuesday of the month at the Messiah Lutheran Church (840 N. 11<sup>th</sup> St.) at 7pm.

### **Family Connections (Hilltop Program)**

(970) 244-0621

1129 Colorado Avenue, Grand Junction, CO 81501

Services include: individual & group substance abuse treatment, employment and housing assistance, tutoring, assessment, referrals, mentoring and case management.

[www.htop.org/family-connections](http://www.htop.org/family-connections)

### **Good Samaritan Free Clinic (located in “Downtown Vineyard Church”)**

(970) 712-6518

402 Grand, Grand Junction, CO 81501

By appointment only. Friday’s 1pm – 4:30pm. Saturday’s 9am-4pm. Offer wellness checks, school physicals, and mental health counseling.

### **Grand Mesa Medical Supply**

(970) 241-0833

1708 North Avenue, Grand Junction, CO 81501

Free use of crutches, walkers, wheelchairs, shower bench & toilet risers. (Based on availability)

### **Hilltop Community Resources**

(970) 242-4400

1331 Hermosa Ave., Grand Junction, CO 81506

[www.htop.org](http://www.htop.org)

### **Heartbeat of Grand Junction Support Group**

[www.gjhearbeat@gmail.com](mailto:gjhearbeat@gmail.com) [www.hearbeatgj.com](http://www.hearbeatgj.com)

Heartbeat Survivors of Loss to Suicide support group, our mission is to support for suicide loss. Meeting held the 3<sup>rd</sup> Tuesday of the month at First Congregational Church at 1425 N. 5<sup>th</sup> St. (across from GJHS) at 7pm. Informal coffee meeting on the 2<sup>nd</sup> Saturday of the month at 4 Winds Coffee (12<sup>th</sup> and Bookcliff) at 1:30pm.

### **HopeWest PACE**

(970) 255-7223

2754 Compass Drive, Grand Junction, CO 81506

National health care model of care that provides comprehensive, coordinated care to keep individuals living safely in the community. Call to talk to an enrollment specialist. [www.hopewestpace.org](http://www.hopewestpace.org)

### **MarillacHealth**

(970) 200-1600

Five (5) Locations

2333 N 6<sup>th</sup> Street, Grand Junction

2139 N. 12<sup>th</sup> Street, Suite 2, Grand Junction

510 29 ½ Rd (Mesa Co Community Services Bldg), Grand Junction

550 Warrior Way, Grand Junction (Central High School – school-based health center, Warrior Wellness Center)

87 Merchant Dr, Montrose

M-F. Call for hours of operation. Dental, Primary Medical, Behavioral Health/Mental Health. All are welcome. Insured & Uninsured. Sliding Fee. Discount Program available for lower income individuals and families. and case management for low income, uninsured individuals. Call for an appointment. [www.marillachealth.org](http://www.marillachealth.org)

### **Health First Colorado (Colorado’s Medicaid Program) Department of Human Services**

(970) 241-8480

510 29 ½ Road, Grand Junction, CO 81504

Monday – Friday 8am – 4:30pm.

Family & individual health insurance based on eligibility.

Apply online at [www.colorado.gov/PEAK](http://www.colorado.gov/PEAK)

### **Mesa County Public Health** [www.mesacounty.us/public-health](http://www.mesacounty.us/public-health)

(970) 248-6900

510 29 ½ Road, Grand Junction, CO 81504

Immunizations (including those required for travel) and Reproductive Health (including birth control, STI testing and treatment). Sliding fee scale for those who qualify. Confidential Services

**Health Solutions West/Colorado Crisis Services 1-844-493-8255 or text “talk” to 38255**

**NATIONAL SUICIDE PREVENTION HOTLINE 1-800-273-8255 (24hrs – English and Spanish)**

**Health Solutions West [formerly Mind Springs]– Detox Unit [www.healthsolutionswest.org](http://www.healthsolutionswest.org)**

Offers a safe, secure and stabilizing environment. After determined to be under any mind-altering substance, can be psychiatrically evaluated, and medication needs are identified and can be immediately initiated. 24/7 Admissions.

**Health Solutions West [formerly Mind Springs] [www.healthsolutionswest.org](http://www.healthsolutionswest.org)**

**(West Springs Hospital is currently closed as of 03/10/2025)**

(970) 241-6023 (Mind Springs Outpatient)

(970) 263-4918 (West Springs Hospital)

**24/7 Crisis Line 241-6022 / 1-800-207-4004**

515 28 ¾ Road, Grand Junction, CO 81501

Individual/group counseling, psychiatric services. Sliding Scale fee. Peer services offering group classes, 1-1 support for free. West Springs Hospital – in-patient psychiatric care is **CURRENTLY CLOSED AS OF 03/10/2025**

**National Alliance on Mental Illness (NAMI) Real Hope, Real People**

(970) 462-3989 or email: [namiwesternslope@gmail.com](mailto:namiwesternslope@gmail.com)

P.O. Box 1864 Grand Junction, CO 81502

422 White Ave (bottom floor of U.S. Bank), Grand Junction, CO 81501

NAMI is a grassroots organization that provides advocacy, education, support and public awareness so that all individuals and families affected by mental health conditions can build better lives.

**NAMI’s national helpline is open M-F 8am to 6pm MST: 1-800-950-6264**

**NAMI’s confidential crisis text is available 24/7: Text NAMI to 741741**

**Grand Valley Catholic Outreach Day Center**

(970) 263-9445

302 Pitkin Ave., Grand Junction, CO 81501

Monday - Friday: 7:00am to 11:00am.

Services offered\*: Laundry (sign up by 9am); Showers (sign up by 9am); Mail 7am-11am. Community Partnership Services:

Marillac Health - Mondays 8-10am

St. Matthew’s Shuttle - Mondays & Thursdays pick up times 9:30 & 11:00

Ona (Health Solutions) – 2 to 3 Wednesdays per month (call for specific dates) 9:00 – 11:00am

Mending by Kathy – 2-3 Wednesdays per month (call for specific dates) 7:15 – 9:00am

Dr. Joe Dahlin with Colorado Foot & Ankle Wellness - 3rd Wednesday of the month - 8:30 - 11:00

St. Mary’s Doctors (Fridays 8am – 11am) – Medical & Behavioral

Rocky Mountain Health – Health Counseling (Fridays 9:00 – 11:00am)

Medicare Assistance (Tax Assistance January – April 15<sup>th</sup>) with Lisa Tuesdays & Thursdays 9am-10:30am.

**\*\*NOTE:** “Anyone wishing to use mail service, please sign up directly at the Day Center before changing your address, otherwise mail will get returned to sender.” [www.catholicoutreach.org](http://www.catholicoutreach.org)

**Oncology Support Services/Survivorship (Grand Valley Oncology)**

(970) 644-3180

2596 Patterson Road, Grand Junction, CO 81505

**Pathways Family Wellness Center**

(970) 985-7469

562 29 Road, Grand Junction, CO 81504

Pathways Family Wellness Center is a Primary Care and Integrated Behavioral Health office providing Healthcare and Behavioral Health Services for the Houseless and Housing Insecure of Mesa County. We are located inside Pathways family Shelter on the 2<sup>nd</sup> floor. We require appointments. Please call our office with any questions.

**St. Mary’s Family Practice**

(970) 244-2800

1160 Patterson Rd, Grand Junction, CO 81506

Sliding scale. [www.stmarygj.org/services-and-departments/family-medicine-center](http://www.stmarygj.org/services-and-departments/family-medicine-center)

**STRIVE – People Supporting People – Audyssey Programs** [www.strivecolorado.org](http://www.strivecolorado.org)

(970) 243-3702 or (970) 256-8661

790 Wellington Avenue, Grand Junction, CO 81501

Specialized services and supports for children and adults with autism spectrum disorder.

**Shift Counseling Services** Email: [shiftcounselinggji@gmail.com](mailto:shiftcounselinggji@gmail.com)

(970) 241-2948 - 1170 Colorado Avenue, Grand Junction, CO 81501

Shift Counseling provides group and individual counseling services. We support those with substance use and general mental health needs. Please call us for more information about our services. [www.shiftcounselinggji.com](http://www.shiftcounselinggji.com) or email at [shiftcounselinggji@gmail.com](mailto:shiftcounselinggji@gmail.com)

**Western Colorado Health Network (WCHN)**

(970) 243-2437

1001 Wellington Avenue, Grand Junction, CO 81501

Monday – Friday 9am to 5pm

Free HIV, Hep C., and STI testing. Free sexual health supplies (condoms, lube, dental dams) and sexual health educational materials. Linkage to care for HIV, Hep C., and navigation for PrEP services. Syringe Access Program, distributing clean supplies, education, and case management for people who use drugs. Naloxone education and distribution. Case management for HIV+ individuals which includes advocacy, referrals, access to medication co-payment assistance programs, emergency financial assistance, vision and dental care, transportation assistance to attend medical appointments, and supplemental food assistance. We are open for syringe exchange Mondays and Fridays from 11am-4pm. We offer testing Tuesdays, Wednesdays and Thursdays from 10am-3pm. Please call 970-243-2437 to make an appointment. [www.coloradohealthnetwork.org](http://www.coloradohealthnetwork.org)

**Women’s Wellness Connection**

1-866-951-9355.

Free breast and cervical cancer screenings for women ages of 40-64 at or below 250% poverty level income. Local Clinics: MarillacHealth and St. Mary’s Family Practice. [www.womenswellnessconnection.org](http://www.womenswellnessconnection.org)

**Whole Health Case Management Services**

You must be a patient of Primary Care Partners; Juniper Family Medicine or Foresight Family to be referred to Whole Health Care Management.

**Dental Services**

**DentaQuest**

Accepts Medicaid.

1-855-225-1729 or [dentaquest.com](http://dentaquest.com)

**Fun at The Dentist** [www.funatthedentistgj.com](http://www.funatthedentistgj.com)

(970) 255-1111

2525 North 8<sup>th</sup> St, Suite 105, Grand Junction, CO 81501

Fun at the Dentist exclusively serves Health First Colorado (Medicaid) patients and provides general dentistry and geriatric dental services to children, adults, and the elderly, as well as care for those with special needs. Fun at the Dentist has multiple dentists, which helps our patients get the best care possible, without long wait times.

**Marillac Health**

(970) 200-1600

2333 N. 6<sup>th</sup> St, Grand Junction, CO 81501

All ages, toddler to seniors. Full scope of services including emergency to major procedures. Special program for low-income seniors. All insurance accepted including Medicaid, Medicare Advantage, Commercial, Self-Pay. Sliding Fee Discount Program available. [marillachealth.org](http://marillachealth.org)

**Parkway Dental**

(970) 208-8046

1300 N 7<sup>th</sup> St, Grand Junction, CO 81501

**YES! Dental**

(970) 241-4937

2530 North 8<sup>th</sup> St. Suite 101, Grand Junction, CO 81501

Dental Medicaid. Accepting Adult Patients.

## Homeless Individual(s) Advocacy & Assistance

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### **Peace & Justice Center** [www.peacejustice.org](http://www.peacejustice.org)

(970) 985-4253 Email: [programcoordinator@gvpeacejustice.org](mailto:programcoordinator@gvpeacejustice.org)

Monday – Thursday 9am to 12pm and 12:30 to 2pm **Call or email for an appointment**

740 Gunnison Avenue Grand Junction, CO 81501

\*Assistance in obtaining Colorado Identification including Birth Certificates and other supporting documents.

\*Food Pantry for Those Who Carry Their Homes on Their Backs or Live in Their Cars

\*Free Notary Services

### **Mutual Aid Partners Food Distribution & Resource Day (aka the Distro)**

402 Grand Avenue, Grand Junction CO 81501 (Park & enter off of 4<sup>th</sup> St. and Ouray Ave)

Phone or text: 970-462-9093

[info@MutualAidPartners.org](mailto:info@MutualAidPartners.org)

#### **Every Tuesday**

10:30am – 1:00pm drop off donations.

11:00am – 1:00pm pick-up supplies

#### **No qualifications, come as many times as you need to!**

Free community choice pantry with fresh produce, frozen meats, shelf-stable foods & hygiene essentials, along with a breakfast/hydration station, homemade soups & sack lunches (while supplies last).

#### **On-Site Resources and Advocacy Partners:**

**Weekly:** Free haircuts and barber services by Eric Andy and guests.

Barkley's Hope with pet vaccinations Distemper/Parvo for dogs and Feline Rhinotracheitis, Panleukopenia, Chlamydia for cats. ALL pets must be on a leash. Please note Barkley's Hope is volunteer-run and they are not veterinarians.

Vaccinations are administered on a first come, first served basis and prioritize our unhoused neighbors & those at risk of becoming unhoused. A \$5 donation per pet is encouraged but they never turn anyone away for lack of funds 10am-12pm..For additional info, please call Vince at (970) 424-3390

**Every other week:** Roice Hurst with furry friend supplies and info re. short term crisis boarding, pet behavior counseling, and low-cost spay/neuter pet care clinics.

**1<sup>st</sup> and 3<sup>rd</sup> Tuesday:** LEAP navigation. 10:30-12:30pm Nov.1- April 30.

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday:** 211 Western Colorado for health and human services referrals and resource navigation.

**3<sup>rd</sup> Tuesday:** Grand Valley Connects with community navigators that help with applications & support through the enrollment process of various programs & *Mesa County Public Health*. 10:30am – 12:30pm.

**4<sup>th</sup> Tuesday** *Mesa County Public Health:* Nurse Family Partnership, WIC, SNAP, public clinic resources. 10:30am – 12:30pm

**Last Tuesday of the month:** Veteran Affairs HUD-VASH. . 10:30am – 12:30pm

**Seasonal:** Tax credit outreach & education (starts in February/weekly). Voter engagement & registration (starts in August/weekly). Low Income Energy Assistance Program (LEAP applications Nov. 1 – April 30.)

## Legal Services

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### **Call a Lawyer (970-256-4001)**

Dates for 2025 not available yet.

### **Colorado Cross-Disability Coalition (CCDC)** [www.ccdconline.org](http://www.ccdconline.org)

(970) 260-1804

Disability rights, ADA compliance, advocacy, legal issues, policy development, legislation, training and consulting.

### **Colorado Immigrant Rights Coalition** [www.coloradoimmigrant.org](http://www.coloradoimmigrant.org)

Office: (303) 922-3344

### **Colorado Legal Services** [www.coloradolegalservices.org](http://www.coloradolegalservices.org)

(970) 243-7940 Ext 6

422 White St. Suite 300 (US Bank Building), Grand Junction, CO 81501

Intake hours are Monday – Friday from 9am-11am & 1pm-4pm. Provides legal assistance for low-income individuals.

### **Disability Law Colorado** [www.disabilitylawco.org](http://www.disabilitylawco.org)

(303) 722-0300 / 1-800-531-2105

455 Sherman St. Ste 130, Denver, CO 80203

Promoting and protecting the rights of people with disabilities, older people and their families through legal representation, advocacy, education & legislative analysis.

### **Hispanic Affairs Project (HAP)**

Promoting immigrant integration in western Colorado through advocacy, direct assistance and community outreach. HAP programs include Immigration legal assistance, migrant outreach, education and organizing in issues impacting immigrants and low-income families. Office: 740 Gunnison Ave suite 208 – Grand Junction, CO 81501. Main phone number: 970.249.4115. email: [info@hapgj.org](mailto:info@hapgj.org) – Website: [www.hapgj.org](http://www.hapgj.org)

### **Pro Bono Project of Mesa County** [www.probonomc.org](http://www.probonomc.org)

(970) 424-5748

1129 Colorado Ave, Grand Junction, CO 81501

Recruiting and coordinating volunteer lawyers to perform free and low-cost legal services for Mesa County residents who are low-income and victims of domestic violence.

### **Western Slope Against Trafficking (WSAT)**

WSAT works to connect victims of trafficking to needed services. Activities focus on raising awareness and education through training, outreach and promoting best practices to create trauma informed spaces for both survivors and allies  
Website: [westernslopeagainstrafficking.com](http://westernslopeagainstrafficking.com). Email: [wsattaskforce@gmail.com](mailto:wsattaskforce@gmail.com)

## **Low-Income Housing**

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### **29 Mile Apartments (aka Racquet Club)**

(970) 245-6889

2915 Orchard Avenue, Grand Junction, CO 81504

### **Grand Valley Catholic Outreach**

(970) 241-3658

245 South 1<sup>st</sup>, Grand Junction, CO 81501

St. Martin I – low-income housing for Veterans who are chronically homeless and meet additional qualifications. St. Martin II & St. Benedict – low-income housing for men and women who are chronically homeless and meet additional requirements.

### **Clifton Townhouses**

(970) 434-3683

3222 D ½ Road #907, Clifton, CO 81520

### **Garden Village**

(970) 242-3262

2601 Belford Avenue, Grand Junction, CO 81501

[www.hrwco.org](http://www.hrwco.org)

### **Grand Junction Housing Authority** [www.gjha.org](http://www.gjha.org)

(970) 245-0388

8 Foresight Circle, Grand Junction, CO 81505

Monday – Friday 8am-4pm

Affordable housing assistance & Section 8 Housing Programs.

[www.gjha.org](http://www.gjha.org)

### **Grand Manor Housing (Section 8 only) {Rocky Mountain Communities Non-Profit}**

(970) 245-8349

2828 Orchard Avenue, Grand Junction, CO 81501

[www.rockymountaincommunities.org](http://www.rockymountaincommunities.org)

### **Grand Valley Apartments** [www.hrco.org](http://www.hrco.org)

(970) 773-9736

Jaylee Street, Clifton, CO 81520

### **Monument Ridge** [www.section-8-housing.credio.com/l/8278/monument-Ridge](http://www.section-8-housing.credio.com/l/8278/monument-Ridge)

(970) 245-3256

2680 B ½ Road, Grand Junction, CO 81503

### **Pathway's Village Apartments**

(970) 256-9424

2853 North Ave., Grand Junction, CO 81501

For more information, visit: [www.pathwaysvillageapts.com/](http://www.pathwaysvillageapts.com/)

### **Freedom Institute, The (formerly WAGEES Project)** [www.newlyfree.com](http://www.newlyfree.com)

(970) 778-5558 then press 2 from the list

2867 Orchard Ave, Grand Junction, CO 81501

Dedicated to parolees in need of transitional housing, counseling services and compassion. Supportive Services: bus passes, educational materials, training and tuition, clothing/uniform assistance, ID/document acquisition.

### **Willow Grove {Rocky Mountain Communities Non-Profit}**

(970) 434-2674

3206 Mesa Avenue, Clifton, CO 81520

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## **Mental Health and Substance Abuse Treatment Options**

### **In-Patient**

#### **Burning Tree** [www.burningtree.com](http://www.burningtree.com)

1-866-287-2877 (Admissions)

Dallas, TX

HIV/AIDS Clients and Dual Diagnoses

#### **Fort-Lyon Supportive Residential Community**

(719) 662-1100

30999 CO Rd 15, Las Animas, CO 81054

No sex-offenses.

[www.coloradocoalition.org/property/fort-lyon-supportive-residential-community](http://www.coloradocoalition.org/property/fort-lyon-supportive-residential-community)

#### **Harvest Farm** [www.harvestfarm.net](http://www.harvestfarm.net)

(970) 568-9803

4240 E CO Rd 66, Wellington, CO 80549

Faith-based treatment facility for men only.

#### **Health Solutions West [formerly Mind Springs] – Women's Recovery**

(970) 245-4213

2800 Riverside Parkway, Grand Junction, CO 81501

"It is the only 'for women-only' program on the western slope and one of few in Colorado where women may have their children with them during the residential treatment. Children ages 0-10 with no behavioral issues are eligible to stay with their mother. [www.healthsolutionswest.org](http://www.healthsolutionswest.org)

#### **Step One Inc. Recovery Housing**

(602) 749-5434

9636 N. 11<sup>th</sup> Ave, Phoenix, AZ 85021

[www.steponeinrecoveryhousing.com](http://www.steponeinrecoveryhousing.com)

#### **Transitional Living Treatment Center (TLC)**

(480) 969-1471

Phoenix & Mesa, AZ

Multiple locations available for both men & women.

No sex-offenders or arson convictions. [www.transitionalliving.org](http://www.transitionalliving.org)

### **Out-Patient**

#### **Al-Anon**

(970) 242-1075

2754 B Road, Grand Junction, CO 81503

Support group for families with a loved-one struggling with alcohol addiction.

### **Alcoholics Anonymous**

[www.aa-westerncolorado.org](http://www.aa-westerncolorado.org)

(970) 245-9649 / 1-888-333-9659

1005 N 12<sup>th</sup> Street, Grand Junction, CO 81501

Support group for individuals struggling with alcohol addiction.

### **Amos Counseling (Family Counselor)**

[www.amoscounseling.com](http://www.amoscounseling.com)

(970) 778-4360 or (970) 314-0987

1131 N. 21<sup>st</sup>. St., Grand Junction CO 81501

Open until 7pm. Email: [amoscounseling@yahoo.com](mailto:amoscounseling@yahoo.com)

### **Ava Health**

(970) 822-0144

All Social Media Platforms: @HelloAvaHealth.com Website: [www.HelloAvaHealth.com](http://www.HelloAvaHealth.com)

2784 Crossroads Blvd, Grand Junction, CO 81506

Mental Health Services: Partial Hospitalization Program, Intensive Outpatient Program, Outpatient Therapy and Medication Management. Substance Use Disorder Services: ASAM Level 2.5 High-Intensity Outpatient Program, ASAM Level 2.1 Intensive Outpatient Program, ASAM Level 1.0 Outpatient Therapy and Medication Assisted Treatment, ASAM Level 1 Outpatient Detox. Integrated Recovery Housing Services: ASAM Level 3.1 Clinically Managed Low Intensity Resident Services, and Recovery Residences. In-network with several insurance carriers including HealthFirst Colorado and CCHA for Medicaid. Accept out-of-network benefits from plans not listed above and private pay, or sliding scale.

### **Creative Directions Counseling & Consulting**

(970) 235-4066

1150 N 25<sup>th</sup> St., Grand Junction, CO 81501. Email: [info@creativedirectionscc.org](mailto:info@creativedirectionscc.org) Website: [www.creativedirectionscc.org](http://www.creativedirectionscc.org)

We provide a variety of outpatient mental health services, including individual therapy, group therapy, and wellness programs, tailored to meet the diverse needs of our clients.

### **Grace Christian Recovery LLC**

[www.gracechristianrecovery.com](http://www.gracechristianrecovery.com)

(970) 712-9982

3155 E Eider Ct, Grand Junction, CO 81504

Recovery groups, and one-on-one recovery coaching, free to low fee, sliding scale.

### **Porch Light Health (formerly Front Range Clinic)**

(970) 644-5303

2478 Patterson Rod. Ste 18, Grand Junction, CO 81501

No one is turned away. No wait list. Appointments within 24-48 hours of initial contact. A team of board-certified addiction specialists. One-on-One, private conversation with a medical provider at each appointment. On-site individual and group counseling at select locations. Case management services at select locations. [www.frontrangemd.com](http://www.frontrangemd.com)

### **Grand Junction Counseling**

(970) 640-2428

115 N. 5<sup>th</sup> St. #401, Grand Junction, CO 81501

[www.grandjunctioncounseling.com](http://www.grandjunctioncounseling.com)

### **Hilltop Community Resources**

[www.htop.org](http://www.htop.org)

(970) 242-4400

1331 Hermosa Ave., Grand Junction, Co. 81506

### **Mesa: Summit View Treatment Program** [www.cjsd.mesacounty.us/treatmentservices.aspx](http://www.cjsd.mesacounty.us/treatmentservices.aspx)

(970) 244-3889

215 Rice St., Grand Junction, CO 81502

### **Misfit Addiction Counseling**

(97) 403-5198

404 W Main St. #132, Cortez CO 81321

Treatment is only effective if it's accessible. Our Low-Barrier and teletherapy approach to services allow nearly anyone to receive treatment from anywhere. Regardless of whether you're looking for Group or Individual Counseling, need a Court Ordered Alcohol Evaluation; have DMV requirements for reinstatement; or have been charged with a DUI/DWAI. We understand your time is valuable and life isn't on hold. [www.misfitcounseling.org](http://www.misfitcounseling.org) or [info@misfitcounseling.org](mailto:info@misfitcounseling.org)

### **Narcotics Anonymous**

Support group meetings

[www.drugstrategies.org/NA-Meetings/Colorado/Grand-Junction/](http://www.drugstrategies.org/NA-Meetings/Colorado/Grand-Junction/)

### **New Season Treatment Center—Opioid Addiction Treatment & Counseling Methadone, Buprenorphine & Suboxone**

Clinic (970) 208-1130 National 24-hour hotline 877-284-7074

2956 North Ave, Unit 1 (In Harmony Square, next to Golosa's restaurant)

Grand Junction, CO 81504

Medication assisted treatment combined with professional counseling. Medicaid accepted. Grant funding may be available for those without Medicaid and who can't self-pay.

**Dosing Hours: 5:30 a.m. - 12:30 p.m., Monday through Friday / 6:00 a.m. - 10:00 a.m., Saturdays / 6:00 a.m. - 8:00 a.m., Holidays (except Thanksgiving & Christmas Day)** [www.newseason.com/clinics/grand-jefferson-metro-treatment-center/](http://www.newseason.com/clinics/grand-jefferson-metro-treatment-center/)

### **Northstar Transitions**

(303) 625-6335

75 Manhattan Dr. #208

Boulder, CO 80302

[www.northstartransitions.com](http://www.northstartransitions.com)

### **Oxford Houses**

Oxford Houses are democratically self run, financially self supporting, zero tolerance for drug and alcohol use recovery homes. Members are expected to gain employment or do community service outside of the house, pay for their share of household expenses, maintain sobriety and work a program of recovery, and help run the house with the other members via weekly business meetings. Insurance is not accepted, members use their own funds to pay their share of expenses, but scholarships and vouchers are sometimes available and accepted. A non refundable move-in fee of \$250 - \$350 is required upon move in, and the equal expenses share is typically \$700-\$800 for most houses. We are unable to accept individuals with sex offense or arson convictions. To apply, please visit the Vacancies website [www.oxfordvacancies.com](http://www.oxfordvacancies.com) – all Houses contact info and applications are there. If you are unable to access the internet, please call the Outreach worker, Sean Lawrence at 970-200-3261.

### **RehabCenter.net**

1-800-959-6280

Detailed list of Substance Abuse Treatment Centers & Services Provided.

[www.rehabcenter.net/rehab-centers/colorado-rehab-centers/grand-jefferson](http://www.rehabcenter.net/rehab-centers/colorado-rehab-centers/grand-jefferson)

### **Peer 180 Recovery Community Organization**

201 South Ave. Grand Junction, CO 81501

(970) 644-5020 Tues-Fri 11am-7pm/Sat 12-4

Facebook: Peer 180 Support Group

Peer 180 RCO is a Recovery Community Organization and Recovery Community Center that provides support and resources to people wanting to get into and stay in recovery from substance use (and friends/family). We provide one-on-one coaching, Family Program, Art Program, Criminal Justice Program, R@W Recovery Program (ages 18-23), lots of fun activities (sledding, parties, game nights, BBQs), and a variety of All Recovery Meetings. We are no cost, non-religious, honor all pathways to recovery and are resource brokers (we don't do it, we'll help you find who does). The opposite of addiction is connection.

### **Peer Recovery Coach – Kim Bjornstad**

(970) 216-0366

Hours: Monday – Friday 9am to 3pm. Will meet at Mind Springs or elsewhere in community.

A person with personal lived experience of addiction and living a life of sustained recovery. Works with and supports individuals immersed in addiction and supports people in recovery from the abuse of alcohol and drugs. Helps people in need of treatment for opioid use disorder to get connected to Medication Assisted Treatment in their communities. Assists people in obtaining services that suit the individual's recovery needs.

## **Transitional/Permanent Housing**

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### **Hilltop Community Resources Adult Transitional Living (Asset House)**

(970) 986-8588

The Asset House is a two-year transitional living program for adults ages 18 and older. Residents at Asset House live in single rooms and share bathrooms and kitchen. We work to get residents connected with resources and support in the community.

### **Hilltop Connections Permanent Supportive Housing (Bonnie's House, Laurel House)**

(970) 234-7004 during working hours or (970) 783-0247 after hours or on the weekends

Bonnie's House is a voucher-based, 5-bed permanent supportive housing program for young people experiencing homelessness, age 18-24. Case management and advocacy assist young people to grow in self-sufficiency. Single room occupancy, voucher program, tenants pay 30% of their income towards rent. Laurel House is a large apartment building that houses some of our community's most vulnerable young people. The program features 34 one-bedroom apartments with a lot of beautiful common space. Young people can stay in their apartments for as long as needed. Serving ages 18-24 at program entry. On-site staff including the program coordinator, two case managers, a full time activities coordinator, and therapist – provide voluntary services for tenants in Laurel House.

### **Freedom House**

(970) 347-9960

After care for those leaving prison. Structured Christian program 4-bedroom house.

E-mail [info@freedomhouseministries.net](mailto:info@freedomhouseministries.net)

### **Golden Girls, The (through The Joseph Center)**

(970) 245-4672 ext 307 Hours of operation are Tuesday – Friday from 9am to 3pm.

2511 Belford Ave, Suite B, Grand Junction, CO 81501

Our mission is to provide transitional housing and support services to empower women 50+ to overcome housing obstacles.

### **Grand Junction Housing Authority**

(970) 245-0388

8 Foresight Circle, Grand Junction, CO 81505 Monday – Friday 8am-4pm

Affordable housing assistance & Section 8 Housing Programs.

[www.gjha.org](http://www.gjha.org)

### **Grand Valley Catholic Outreach**

(970) 241-3658

245 South 1st, Grand Junction, CO 81501

Temporary housing (1-3 months) for families with small children. One parent must be employed.

### **Hilltop Connections Transitional Living Program (Benni's Home, Matthew's Home and Janie's Cottage)**

(970) 234-7004 during business hours or (970) 783-0247 after hours or on weekends

The Transitional Living Program (TLP) provides housing (10 bed), case management, and support to young people, ages 18-22, for up to two years. The program is centered at 3 homes: (2) four-bedroom homes and (1) two-bedroom cottage.

Program focuses on intensive life skills building, employment or schooling is a requirement.

### **Phoenix Program**

(970) 773-9741

Transitional Housing and Case Management for Homeless Veterans.

### **St. Benedict/St. Martin Place (operated through Grand Valley Catholic Outreach)**

(970) 241-3658

245 South 1<sup>st</sup> Street, Grand Junction, CO 81501

Provides permanent housing options for those who are chronically homeless and otherwise qualify.

## Teen Services

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### Loving Beyond Understanding- The Center

640 White Avenue, Grand Junction CO

Hours 4-7pm every day

[www.lovingbeyondunderstanding.org](http://www.lovingbeyondunderstanding.org)

We offer fun programming, social support, resource navigation and daily drop-in hours for LGBTQ+ youth ages 13-24 at the Center. Hours are 4-7p. Please see our website for more information.

## Transportation

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### GJPD Community Resource Unit (Traveler's Aid Fund)

(970) 549-5331 or (970) 549-5339

555 Ute Ave, Grand Junction, CO 81501

Basic Criteria: Over 18 yrs. of age, one-way travel only, no open criminal cases, no active arrest warrants, travel to family, employment or treatment (will be confirmed), no other means to purchase ticket. Email: [CRO@gjcity.org](mailto:CRO@gjcity.org)

### Grand Valley Transit

(970) 256-7433

Public Transportation. For information on routes and pricing, visit: [www.gvt.mesacounty.us/](http://www.gvt.mesacounty.us/)

### IntelliRide (takes over for DHS for Non-Emergent Medicaid Transportation)

As of July 1 the DHS will no longer provide Non-Emergent Medicaid Transportation (NEMT).

IntelliRide (970) 225-4850 Please listen through the message for the option to schedule a ride.

### Medride

[www.medridecolorado.com](http://www.medridecolorado.com)

CHECK WEBSITE FOR HOURS

(970) 812-0003 Main Office (719) 545-3333

Alternative to Sunshine Taxi. Contact the number above to get an application that rider's provider must fill out. A medical provider at the Day Center can help with this. Application can be faxed to 719-545-0499 or emailed to [resolutions@medrideco.com](mailto:resolutions@medrideco.com).

### Med Lift

(970) 314-9511

**Providing Non Emergent Transportation (NEMT)** to Mesa County Residents that are enrolled in Health First Colorado (Colorado's Medicaid Program). **Available 24 hours a day / 7 days a week.**

**Client Eligibility Requirements** Must be a current Colorado Health First (Colorado Medicaid) participant, (CHP does not qualify). Client must be approved for NEMT Services. Client must not have any other means of transportation.

### St. Matthew's Episcopal Church

(970) 773-4070

Monday & Thursday 8am-11am.

Transportation from Outreach Day Center on Thursdays.

## Veterans Services

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### Department of Veteran Affairs, Western Colorado Health Care System

(970) 242-0731

2121 North Avenue, Grand Junction, CO 81501

Wide range of medical and mental health services for eligible Veterans. [www.grandjunction.va.gov](http://www.grandjunction.va.gov)

**Veterans Crisis Line: 988 Press 1 or 1-800-273-8255 Press 1 for Veterans**

**Confidential Crisis Line Chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net) or Text to 838255**

### HUD-VASH – VA Homeless Programs

(970) 244-1318

2121 North Ave. Room 1406, Grand Junction, CO 81501

Hours Mon – Fri 1PM – 4PM

24/7 – 1-877-424-3838

Assistance for eligible Veterans finding housing. Community resources and VA benefits.

### (The) Joseph Center Integrated Financial Services

(970) 245-4672 Ext 303

We offer VA Fiduciary services to veterans required to have a fiduciary.

### **The Vet Center**

(970) 245-4156

561 25 Rd, Suite 101, Grand Junction, CO 81505

Readjustment counseling and outreach services for Veterans and their families. Medical referrals, and assistance in applying for VA benefits and much more. [www.va.gov/directory/guide/facility.asp?ID=5610](http://www.va.gov/directory/guide/facility.asp?ID=5610)

### **Veterans Art Center**

(970) 462-3126

307 S 12<sup>th</sup> Street, Grand Junction, CO 81501

Offering art classes at no cost, including tools, equipment and supplies, along with studio access for Veterans and their families. Website: [www.operationrevamp.org/veteransartcenter](http://www.operationrevamp.org/veteransartcenter)

### **Mental Health Clinic – VA Homeless Programs**

24/7 – 1-877-424-3838 or 1-800-273-8255

Assistance for eligible Veterans in finding housing. Community resources and VA benefits.

### **Mesa County Veterans Services Officer (Mesa County)**

(970) 248-2733

512 29 ½ Rd, Grand Junction, CO 81504

Helps veterans access a variety of services including obtaining discharge papers, filing service connected disability claims. Information and access to benefits like pension, survivor death benefits, and burial benefit. [VSA@mesacounty.us](mailto:VSA@mesacounty.us)

### **Veterans Memorial Cemetery**

(970) 263-8986

2830 Riverside Parkway, Grand Junction, CO 81501

Burial benefits for veterans and their dependents. Early registration provided and encouraged.

### **Operation Revamp**

970) 462-3126

307 S 12<sup>th</sup> Street, Grand Junction, CO 81501

Home of the Veterans Art Center. Transportation services available for veterans and their families. We also provide limited financial assistance for urgent needs including utilities, housing, car repair, food and gas cards, bus passes and unique needs not available through other agencies. <https://operationrevamp.org/>

### **Volunteers of America**

\*SSVF Back Home Programs

Western Region One Source Center

482 28 Rd, Grand Junction, CO 81501

970-644-5220 Fax: 970-644-5224 Email: [ssvfqjpm@gmail.com](mailto:ssvfqjpm@gmail.com)

Homeless prevention, rapid rehousing, and support services designed to provide emergency assistance to veterans and their families. Eligibility criteria applies. [www.voacolorado.org](http://www.voacolorado.org)

### **Western Region One Source**

(970) 257-3760 or Toll Free 1-844-485-9767 (email [wros@dmva.state.co.us](mailto:wros@dmva.state.co.us))

482 28 Rd, Grand Junction, CO 81501

Connecting veterans, military members and their families with service providers and resources. On site: State Veterans Service Officer (benefits) and DEERS/ID Cards & DA Photos. Veteran related events, training, support groups and seminars.

### **Workforce Veterans Representative (MC Workforce Center)**

(970) 248-0871

512 29 ½ Road, Grand Junction, CO 81504

Ensures that all eligible Veterans are provided with maximum employment and training opportunities. Priority given to disabled Veterans and campaign Veterans. [www.workforcecenter.mesacounty.us/Veterans](http://www.workforcecenter.mesacounty.us/Veterans)

### **Rocky Mountain Human Services –**

#### **Homes for All Veterans – Supportive Services For Veteran Families (SSVF)**

(970) 200-4297 email: [havreferrals@rmhumanservices.org](mailto:havreferrals@rmhumanservices.org)

Western Slope Office – Scott Whiteman

482 28 Rd, Grand Junction, CO 81501

Services: Short term case management and financial assistance related to rapid rehousing and homeless prevention.

# PET RESOURCES




## IN MESA COUNTY




The human-animal bond can be our greatest source of social support and comfort. Below you can find services that may assist you and your pet(s).

### Spay/Neuter and Vaccination Assistance


**1. Animal Birth Control: Dogs and Cats:** Low cost spay/neuter surgeries and vaccinations

 (970) 523-5487

 502 28 ½ Road


 [spayabc.com](http://spayabc.com)

**2. Grand Valley Pets Alive: Dogs, Cats and Rabbits:** Vouchers to assist with spay / neuter of pet cats, dogs & rabbits, and funding for TNR (trap-neuter-return) of colony cats.

 (970) 462-7554

 [grandvalleypetsalive.org](http://grandvalleypetsalive.org) Facebook:


**3. Mesa County Animal Services: Dogs, Cats, Rabbits and Potbelly Pigs:** For Mesa County residents only. Also investigates reports on suspicion of animal cruelty or neglect. Must apply online for the "Preventing Unwanted Pets (PUP) Spay/Neuter Certificates (\$25 off neuter, \$35 off spay)"


 (970) 242-4646

 971A Coffman Road

 [animalservices.mesacounty.us](http://animalservices.mesacounty.us)


**4. Roice-Hurst Humane Society:** Monthly Sunday low-cost vaccination clinics

 (970) 434-7337

 362 28 Road

 [rhumanesociety.org](http://rhumanesociety.org)

**5. Grand Valley Cat Project:** Free spay/neuter surgeries for all cats in 81501 zip code, and loaner traps

 (970) 434-7337 ext. 102

 [mila@rhumanesociety.org](mailto:mila@rhumanesociety.org)

**6. Spay Colorado: Dogs (Only Pit Bulls) and Owned Cats:** Subsidized spay/neuter (amount varies)



(877) 654-7729

 [Spaycolorado.org](http://Spaycolorado.org)





# PET RESOURCES IN MESA COUNTY



The human-animal bond can be our greatest source of social support and comfort. Below you can find services that may assist you and your pet(s).

## Pet Food Assistance

- 1. Catholic Outreach:** Free pet food (restrictions apply)

 (970) 241-3658  
 245 1st Street



- 3. Colorado Pet Pantry:** Pet food distributed in partnership with Western Slope Food Bank of the Rockies at 3241 F 1/4 Road in Clifton, on the fourth Saturday of the month, from 9am – 11am.

 303.818.0618  
 <https://www.coloradopetpantry.org/>



- 3. Community Food Bank:** Free pet food (restrictions apply)

 (970) 640-0336  
 562 W Crete Circle, Suite 102

- 4. Clifton Christian Church:** Free pet food (restrictions apply)

 (970) 434-7392  
 615 I-70BL

- 5. Mesa County Animal Services:** Discount pet food for sale (\$0.25/cup)

 (970) 242-4646  
 971 A. Coffman Road

- 6. Roice-Hurst Humane Society:** Pet Pantry, free pet food and other pet essentials (restrictions apply)

 (970) 434-7337  
 362 28 Road  
 Online application: <https://rhumanesociety.org/animal-resource-center/pet-pantry-application/>





# PET RESOURCES IN MESA COUNTY



The human-animal bond can be our greatest source of social support and comfort.  
Below you can find services that may assist you and your pet(s).

## Temporary Pet Care

1. **LINK:** Works directly with Hilltop's Domestic Violence Services to provide a safe place for clients' pets. Contact for eligibility.

 (970) 241-0324  
 (970) 241-6704 \*24-hour crisis line\*

2. **Roice-Hurst Humane Society:** Short-term boarding for pets of qualifying individuals in times of crisis

 (970) 434-7337  
 [rhhumanesociety.org/animal-resource-center](http://rhhumanesociety.org/animal-resource-center)

## Resources for Veterinary Medical Assistance

<a href="http://harleys-hopefoundation.org">harleys-hopefoundation.org</a>	<a href="http://petassistanceinc.org">petassistanceinc.org</a>
<a href="http://paws4acure.org">paws4acure.org</a>	<a href="http://redrover.org">redrover.org</a>
<a href="http://bowwowbuddies.com">bowwowbuddies.com</a>	<a href="http://oscarcause.org">oscarcause.org</a>

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Other Pet Resources Not Listed Above

### Barkley's Hope/Barkley's Fund

(970) 424-3390

713 Birdie Drive, Grand Junction, CO 81506

Work with at-risk people with (at risk) pets, usually dogs because they have a different set of needs especially with addicts and alcoholics. Our core belief is if you help the animal, you help the human. We connect the dots for services. After we treat the animal we work with the individual one on one if they want help getting out of a bad situation. We work with local resources who can foster a pet short term for them, give them 1<sup>st</sup> shots but we are not vets so we can't offer medical advice and don't do spays or neuters. We work off of donations that average about \$10 an animal.

[www.dv8vince@gmail.com](mailto:www.dv8vince@gmail.com)

**River Valley Gateway** is a resource that offers end of life services for pets. The prices are around \$400, but they do sometimes have the option to offset some of the costs for individuals in underfunded circumstances. They also have the option to do the euthanasia in home or wherever the pet is. (970-251-8493)